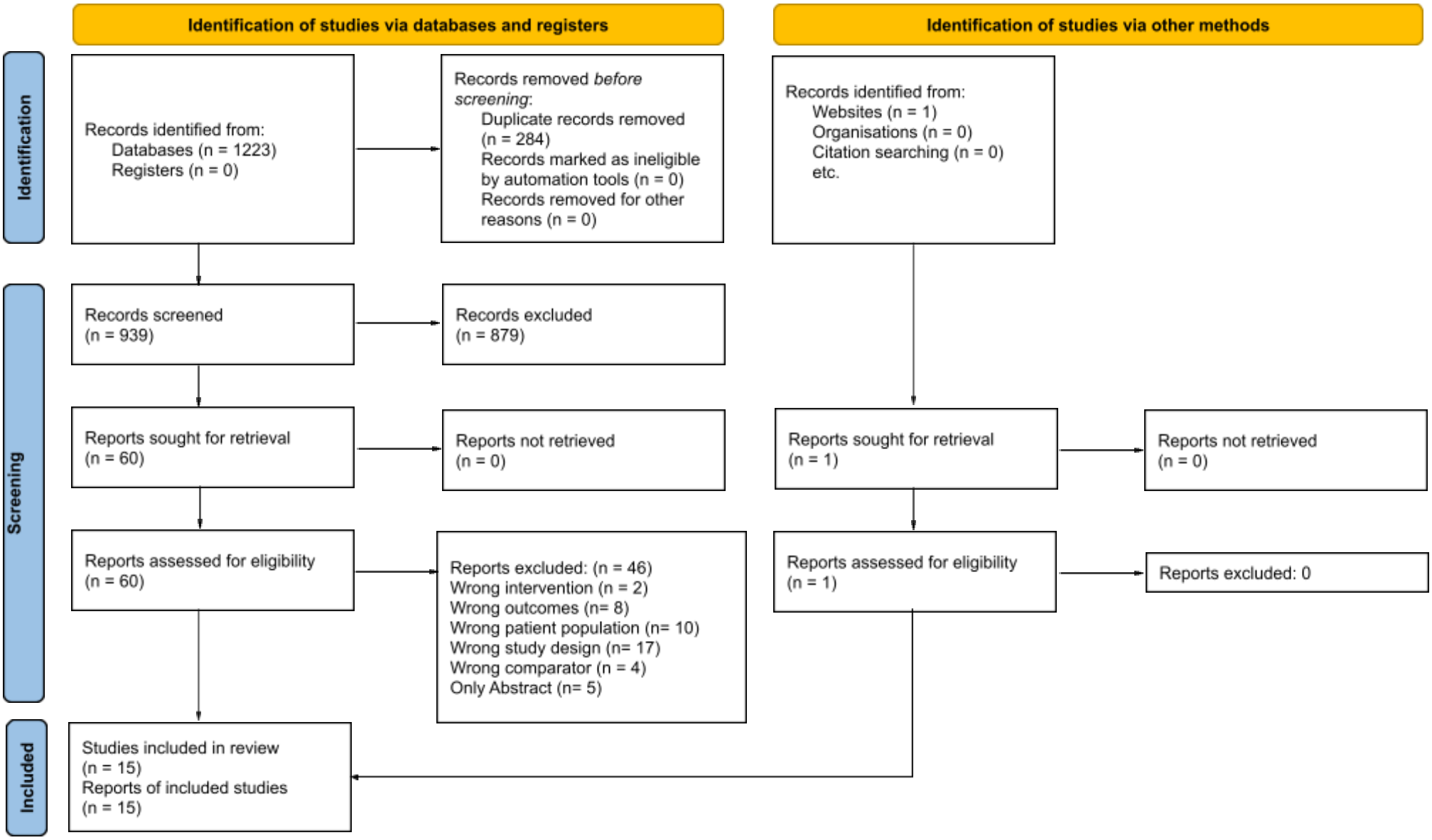
**Supplementary Item 5. PRISMA flowchart of the study selection process**




Note. The PRISMA 2020 flow diagram summarizes the identification, screening, eligibility assessment, and final inclusion of studies in the systematic review and meta-analysis. PRISMA, Preferred Reporting Items for Systematic Reviews and Meta-Analyses; n, number of records or reports.